## FOOD PARCELS, PANTRIES AND VOUCHERS

These agencies provide food parcels, food pantries or vouchers to people in need in the City of Greater Geelong. Please contact agencies prior to visiting to ensure that you are eligible (most require a pension or healthcare card, others have geographical boundaries). Some agencies require you to pre-book an appointment and some limit as to how often you can access their services.

AGENCY	WHAT	ADDRESS	PHONE	WHEN
ADRA Share Kitchen	Food parcels and food vouchers available (with limits)	6 Little Myers St, Geelong	5222 1153	Call 5222   153 to request assistance and food parcels. Call 0404 919 633 for food vouchers
Bellarine Living and Learning Centre	Food parcels are available for those in the Whittington and 3219 community	20 Worden Crt, Whittington	5248 1926	Wednesday 9:00am - 12:00pm
CatholicCare - Geelong FRC	Offers financial or material aid to assist people experiencing financial hardship, includes food vouchers (grocery store)	7-9 Ryan Place, Geelong	5246 5600	Tuesday 12:00pm - 4:00pm and Friday 9:00am - 1:00pm. Call to book an appt
CatholicCare - Norlane	Offers financial or material aid to assist people experiencing financial hardship, includes food vouchers (grocery store)	52 Gerbera Ave, Norlane	Wednesday 12:00pm - 4:00pm. Call to book an appointment	
Christ Church Community Meals Program	Food pantry (non-perishables)	Corner Moorabool & McKillop Sts, Geelong	5221 8055	Monday to Friday I 2:00pm - 2:00pm. Except Public Holidays
Drysdale Family Support Food Bank	Food pantry available to Bellarine residents only (from Boundary Rd, East Geelong including Newcomb, Whittington and Leopold)	276 Jetty Rd, Curlewis	Tuesday 12:00pm - 3:00pm. Emergency parcels available by contacting office	
Lara Food Relief - Holy Trinity Hall	Food parcels and other support	Corner Flinders Ave & Curletts Rd, Lara	5282 6487	Monday 10:00am - 1:00pm. At other times by appt. Closed on Public Holidays
Loaves and Fishes - Ocean Grove Uniting Church	Food pantry (fruit and vegetables, bread and pantry staples)	les) Corner Eggleston St & The Parade, Ocean Grove		Friday 6:00pm - 6:45pm
Manifold Heights Baptist Food Service	Food parcels (non-perishables) to local (5km radius) families in need	lies I 63 Shannon Ave, Manifold Heights		Contact Darren Riviere to request assistance
Portarlington Food Assistance	Food pantry of non-perishables, bread, fruit & veg only for residents of 3223 postcode	Bellarine Community Health 39 Fenwick St, Portarlington	5258 6140	Wednesday 1:30pm - 3:30pm
St Andrew's Foodshare	Food parcels available to the Corio community and surrounding suburbs (BPH, Norlane, Lovely Banks, North Shore, etc.). One parcel per household per month, 12 per year	108 Bacchus Marsh Rd, Corio (rear of building)	5275 4597 or 0451 095 881	Tuesday to Friday 10:00am - 3:00pm
St Mary's Parish Pantry	Food assistance for Centrelink card holders, refugees and those referred by other registered welfare organisations	150 Yarra St, Geelong (roller door)	5222 1977	Tuesday, Wednesday & Friday 1:00pm - 3:00pm
St Vincent de Paul Society	Food parcels and/or vouchers (depending on location) and other support and welfare assistance	Geelong Welfare Call Centre	5221 9170	Call Monday to Friday (except public hols) 9:00am - 12:00pm to arrange a home visit (subject to availability)
The Longroom People's Pantry	Food pantry for members. Members must be 3214 residents. \$15 fee and volunteering duties is required for a 6-month membership	4-8 Spruhan Ave, Norlane	5278 6171	Monday 2:00pm - 3:00pm
The Salvation Army: Northside Geelong Community Centre	Food parcels are available for those living in the Northern Suburbs: Mon, Tues,Thurs 10.00am - 12.00pm and 2.00pm - 4.00pm, Wednesday 10.00am - 12.00pm and Friday 2.00pm - 4.00pm	92-96 Cox Rd, Corio	5275 7771	Food vouchers available Mon-Fri by appointment only. Call 5275 777 I at 9:00am weekdays to make appointment
The Salvation Army Doorways - Geelong Central	Food vouchers (redeemable at Geelong Food Relief Centre) and other support	28 Bellarine St, Geelong	5223 9200	Monday to Friday 9:00am - 3:00pm Call to book an appointment
Uniting Barwon - Grovedale	Food vouchers (redeemable at Geelong Food Relief Centre) and other support	272 Torquay Rd (corner Reserve and Torquay Rds), Grovedale	4210 1100	Monday, Wednesday & Friday 9:30am - 12:00pm. Call to book an appt
Uniting Barwon - Norlane	Food vouchers (that are redeemable at Geelong Food Relief Centre) and other support	I 0 Wendover Ave, Norlane	5278 8492	Monday, Tuesday, Thursday & Friday 9:30am - 12:00pm. Call to book an appt
Uniting Barwon - Winchelsea	Food vouchers (that are redeemable at IGA Supermarket) and other support	34 Hesse St, Winchelsea (Hall next to church)	0419 535 490	Thursday 10:00am - 1:00pm. Call to book an appointment
Spare Meals	Private home collections of frozen meals from either Corio or Newcomb arranged via FB Messanger. Easy and discreet	facebook.com/groups/SpareMeals/	-	Weekly pick-up times negotiable. Message via FB Page or join the group

YOUR GUIDE TO FINDING FOOD ASSISTANCE IN THE GEELONG REGION

## WHERE YOU CAN EAT GEELONG

If you or someone you know is experiencing hardship this guide provides information on where, when and how you can access emergency food assistance.

This assistance is provided by a variety of agencies in the City of Greater Geelong in the form of free meals, food parcels, food vouchers and access to food pantries.

For further information please visit **feedgeelong.org.au** or email: feedgeelong@givewhereyoulive.com.au



feedgeelong.org.au



## **COMMUNITY/SOCIAL MEALS**

Wondering where to go for a free/no cost nutritious meal in the City of Greater Geelong?

These agencies provide meals to members of the community, often within a social setting to allow warm conversation and social connection.

AGENCY/WHERE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	ADDITIONAL INFORMATION
ADRA Share Kitchen 6 Little Myers St, Geelong				Afternoon tea 3:00pm onward Dinner served 4:30pm - 6:00pm				Meal open to all - includes vegetarian meals. Laundry facilities and pre-loved clothing also available
Bellarine Living and Learning Centre 20 Worden Crt, Whittington. T 5248 1926	<b>Lunch</b> 12:00pm - 1:30pm							Tea/coffee avail from 11.00am. Meal during school terms only. Pre-book on 5248 1926. Laundry Service available.
Christ Church Community Meals Program Corner Moorabool & McKillop Sts, Geelong	Breakfast 7:30am - 9:00am Dinner 5:00pm - 6:30pm	<b>Breakfast</b> 7:30am - 9:00am	<b>Breakfast</b> 7:30am - 9:00am <b>Dinner</b> 5:00pm - 6:30pm	Breakfast 7:30am - 9:00am	Breakfast 7:30am - 9:00am	Breakfast 7:30am - 9:00am	<b>Breakfast</b> 7:30am - 9:00am	Tea/coffee available from 4:30pm for evening dinner meal
Lazarus Community Centre 202 Myers St, Geelong. M 0439 140 100 or T 5229 0450	Lunch I 2:00pm	Lunch 12:00pm	Lunch 12:00pm	Lunch 12:00pm	Lunch 12:00pm			Drop in centre open 9:30am - 4:00pm Monday to Friday that also provides access to laundry and shower facilities
OneCare Geelong 61 Candover St, Geelong West. T 5229 2133				Lunch 12:00pm				Lunch - Guests can arrive from 10:00am for tea/coffee with meal served 12:00pm. Laundry Service available
The Fort Youth Centre Corner St Georges Rd & Princes Hwy, Corio. T 5274 9074	<b>Drop-in</b> 4:00pm - 6:00pm	Koorie Youth Group Drop-in 4:00pm - 6:00pm	<b>Drop-in</b> 4:00pm - 6:00pm	<b>Drop-in</b> 4:00pm - 6:00pm	<b>Drop-in</b> 4:00pm - 6:00pm			Meals provided as part of drop-in program. Only for youths 12-25 years of age. Tuesday: Young Aboriginal and Torres Strait Islander youth only
The Outpost Corner Clare St & Transit Pl, Geelong	Lunch 10:00am - 2:00pm Dinner 7:00pm - 10:00pm	Lunch 10:00am - 2:00pm Dinner 7:00pm - 10:00pm	Lunch 10:00am - 2:00pm Dinner 7:00pm - 10:00pm	Lunch 10:00am - 2:00pm Dinner 7:00pm - 10:00pm	Lunch 10:00am - 2:00pm Dinner 7:00pm - 10:00pm	<b>Dinner</b> 7:00pm - 10:00pm	<b>Dinner</b> 7:00pm - 10:00pm	
The Longroom 4-8 Spruhan Ave, Norlane.T 5278 6171	Dinner from 4:00pm							Dinner open to all during school terms. Attendees invited to help prepare meals
The Salvation Army: Northside Geelong Community Centre 92-96 Cox Rd, Corio. T 5275 7771		Lunch 12:00pm	Lunch 12:00pm	Lunch 12:00pm	Lunch 12:00pm			Lunch meal is available to all. Free tea and coffee (or latte \$2 a mug) is also available on Monday to Friday 9:00am to 4:30pm
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This information was brought to you by the members of the Geelong Food Assistance Network and was correct as of October 2019. Keep up to date: feedgeelong.org.au



is an initiative of Give Where You Live Foundation

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